



Lime Rock Park Half Marathon & 5K

Lime Rock Park, Lakeville, CT
Sunday June 12, 2016 9:00 AM

Presented by 3C Race Productions

The Lime Rock Park Half Marathon is a moderately challenging course starting and finishing with 1 lap on the famous Lime Rock Park race track while the 5K is 2 laps around the track.

20% of all entry fees support Strong To Serve – helping orphans in 3rd world countries.

Entry Fees:	Half Marathon: \$60.00 until June 5, 2016; \$70.00 until June 11, 2016; \$80.00 on race day. 5K: \$30.00 until June 5, 2016; \$35.00 until June 11, 2016; \$40.00 on race day.
Amenities:	Technical shirts to all half marathoners runners; cotton T-shirts to all 5K runners; finisher medals to all half marathoners; Chip Timing by Last Mile Racing; fresh fruit and pastries at the finish line; moderately challenging course through the town of Salisbury, 6 water stops; and more.
Awards:	Lime Rock Park Half Marathon Pint Glasses to overall and age groups winners in the half marathon and 5K.
Directions:	Set your GPS to: 60 White Hollow Road, Lakeville, CT 06039 or go to: www.limerock.com
Information:	Call Michael Amarello at (603) 429-8879 or email: michael@3craceproductions.com or go to: http://www.limerockparkhm.com . Make check payable to 3C Race Productions. Mail entry to Lime Rock Park Half Marathon, 160 Amherst Road, Merrimack, NH 03054
Sponsors:	Lime Rock Park, RoadID, Fun On Foot In New England, Lightfoot Clocks, VitaCoco, and many more.

Sign up online at: <https://g2racereg.webconnex.com/limerockhm2016>

Select Race: ___Half ___5K

Individual Entry

Name: _____ Gender: M F Age: _____ T-Shirt Size: S M L XL

Address: _____ City: _____ State: _____ Zip Code: _____

Phone Number: _____ E-Mail Address: _____

I/We know that running is a potentially hazardous activity. I/We should not enter or run this event unless I/we are medically able and properly trained. I/We agree to abide by any decision of a race official relative to our ability to safely complete the run. I/We assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by us. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I/We, for ourselves and anyone entitled to act on our behalf, waive and release 3C Race Productions; the Town of Salisbury, CT; Lime Rock Park; and all other sponsors, their representatives and successors from all claims or liabilities of any kind arising out of our participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. All fees are nonrefundable. I/We agree to these terms as signed by us or our team captain and our participation in this race.

Signature of

Date

Parent's Signature required for all
runners under 18 – sign on back of form.